

Activity One: “I AM...” Collage

Can you answer the question: “Who are you now?” Your likes, dislikes, what you do for fun, what you like to study, where you like to live, all say something about you, and are important for creating a happy and fulfilling work/life future.

In this activity you’ll work on trying to create a “picture of who you are now.” Then, through quizzes in Part Two, you get a chance to look into your future.

Create a collage titled “I AM...” in words and/or pictures that represent who you are now, including:

1. Where you live (for example: town, country, city, house, apartment, condo)?
2. What extra-curricular activities you like to do at school and in your spare time?
3. What you like to eat?
4. What you do for volunteer or paid work?
5. What your favourite subjects are in school?
6. What you think you are good at doing (for example: cooking, sports, volunteering, drawing, playing video games)? Include all the personal talents or skills you have.

Determine how you want to present the information. You could create it as a:

- Handcrafted poster.
- Mind map using an app or chart paper.
- Digital book using the Book Creator App on the iPad or similar App.
- Slide presentation using Google Slide or Microsoft PowerPoint.
- Video presentation using iMovie or any digital recording device.
- Poster using the Pic Collage app on the iPad.

Once you are done, try sharing with someone else to see what he or she thinks. Describe your images and why you chose them. Did your partner discover something new about you?

Save the product you created for future use in your grade 12 capstone project. You will use this for the next part of the lesson to help you understand that who you are now can impact who you could be in the future.

Activity Two: “I COULD BE...IN THE FUTURE” Collage

It can be hard to see a picture in your mind of what you will be doing five to 10 years from now. You might have some ideas of what you would like to do for work or even where you want to live based on who you are now. It’s always good to think about what jobs will be in demand as you consider how to fulfil some of your lifestyle dreams.

The six Career Discovery Quizzes you take will pinpoint your personal attributes, abilities, work

preferences and areas of interest with potential careers options. The results may provide you with some career ideas you hadn't thought of before. Don't reject any options right away; there might just be something there you haven't noticed, so dig a little deeper and do some research.

The most important thing to remember about completing quizzes like these is to be as accurate and truthful as possible. The more real and specific your answers are, the more useful the results will be to you.

1. Answer the questions in each quiz you take and save the results to an electronic folder.
2. Once you receive a result, look through the careers and industries and choose one or two careers to explore.
3. Read through the career profiles and consider whether they match some of your interests or even sound like something you would want to do.
4. Note the section of the profile that explains where people in the career are employed and select the three regions. Could you see yourself living in one of those regions, if you do not now?
5. If you were working in the career, what are the job prospects? Would you make the salary you were expecting?
6. If nothing is appealing to you, take one or more of the quizzes again and see if your new results include some careers of interest to you.

Create a new collage using a career option.

To help you visualize yourself in the future, create a second word or picture collage and relate it to the "I AM..." collage. This time, title the collage "I COULD BE A..."

1. Choose one or two favourite careers to create your collage. You may notice that some occupations have related skills or are in a similar field.
2. Use some pictures of people who work in the job, showing what they are wearing and where they work. Are they in an office or outdoors? Is their dress casual or formal? Write down words and/or use pictures that answer these questions.
3. Find some pictures of the region(s) where you would like to work. Stretch yourself to try a new town or city. What would you do there for fun or recreation? If you are exploring a new region and want to find out what interesting things there are to do there, try searching [HelloBC](#).
4. Find some images of products, tools or activities associated with the job. For example: for a baker, bread; for an electrician, lights; for a pilot, planes.
5. Share your new collage with someone in your class and discuss:
 - a. Does it look like a region where you could live? What type of job might you like?
 - b. Can you visualize yourself in this job?
 - c. Can you see your interests matching the job and the region?
 - d. What would you have to do to prepare yourself to work in your favourite career? What training would you need? What work experience would be important?

Reflection

Once you have finished sharing your collage, answer the following questions and hand them in as an exit slip with your collages.

1. Can you visualize yourself pursuing one of the careers you chose?
2. Did you find a career that you had not thought of before?
3. Write a pros and cons list for each career option you chose. Which ones come out on top?
4. Are you taking courses now to set you on a pathway toward careers that interest you? Or do you need to take different courses so you can enter work or learning after high school.
5. What are your next steps in terms of course and career planning?
6. Consider sharing your collage with your parents/guardians to show them what you found out about yourself and potential career options. (Encourage them to take the Career Discovery Quizzes.; they may learn something about themselves including a possible new career direction!)
7. Save the product you created for future use in your grade 12 capstone project. You will use this for the next part of the lesson to help you understand that who you are now can impact who you could be in the future.